

Travel to India and experience the bliss of Ayurveda

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Ayurveda is travelling places today. Though Ayurvedic medicine is native to India, today the benefits of this system of traditional medicine has travelled across boundaries and continents and is luring thousands of people to the Indian Subcontinent. Even in the 21st century when allopathic medicine seems to be ruling, there is a huge segment of people who believe in the benefits of Ayurveda and who are ready to travel kilometers to indulge themselves in this unique experience in wellness. In fact there are many tourists who travel to India for the sole purpose of benefitting from this healing touch of pure Ayurveda.

There are a lot many places in India and more especially in Kerala where Ayurveda is delivered in its best form. And, among the most ideal places for one to experience this healing therapy is the [Kalari Kovilakam](#). Quoted to be "The Palace for Ayurveda", the Kovilakam is perhaps the only one of its kind. The Palace hotel, restored as authentically as possible combines together the facets of an Ayurvedic hospital, the ambiance of an ashram and the luxury of a spa.

There are many places like Kalari Kovilikam in Kerala, all of which strive to provide personalised therapy and a great atmosphere that will gift you a perfect holiday.